

NEWSLETTER

The International Society for the Study of Subtle Energies and Energy Medicine

Vol. 2 • No. 3

Fall, 1991

ISSSEEM Second Annual Conference

The second annual conference of ISSSEEM will be held in Boulder, Colorado, June 26-30, 1992. We are pleased to chair the program committee for this meeting. Also serving on the committee are: David Hibbard, M.D., Ching-tse Lee, Ph.D., and Robert Shellenberger, Ph.D.

The theme for the conference, *Bridging the Paradigms Through Clinical Practice, Research and Theory*, reflects three factors: the diversity of the membership of ISSSEEM; the contributions of clinical work, laboratory research and theory to our knowledge of subtle energies and human potential; and the continuous evolution of the accepted paradigm as data and theories from many disciplines enlarge and transform that paradigm and form a bridge to the new.

The conceptual shifts occurring in physics, medicine, and psychology (to name only three disciplines) are based on data that cannot be explained by traditional theory; these data stimulate new concepts and models. We propose the following tasks for the second annual conference: (1) to present data regarding subtle energies and human potential from different disciplines that suggest conceptual shifts and that bridge the paradigms; (2) to describe how traditional theories might be revised and new theories formulated to account for the data; (3) to continue discussions initiated at the first annual conference on appropriate methodologies for obtaining reliable data.

A call for submissions is included in this newsletter. A "multidisciplinary" conference is planned, with speakers who contribute to the expansion of the conceptual matrix and account for the phenomena of subtle energies and human potential, thus bridging the paradigms. Because data are an essential element in the bridge between paradigms we emphasize the need for well-documented clinical and research findings that illustrate or imply the existence of subtle energies and human potential. This might include for example, anomalous medical, physical, and psychological phenomena. We encourage symposia and panels that bring together laboratory research and clinical data. Finally, we encourage the theoreticians among us (and the theoretician within us all) to explore the conceptual bridges that account for the phenomena of subtle energies and human potential and that unify these phenomena.

We are pleased that Elmer Green, President of ISSSEEM, will discuss the nature of the paradigm shift in his welcoming comments, and will continue his discussion of the "copper wall" data. We have invited Robert Becker, M.D., author of *The Body Electric* and *Cross Currents*, to be the keynote speaker. Other invited addresses will be scheduled at the beginning of each day. The Second Annual Conference will be one day longer than the first conference, and the short courses will be held late afternoons. These and other changes enable longer presentations and greater audience participation.

We anticipate continued excitement and camaraderie as we come together again to share ideas and experiences with our colleagues in the International Society for the Study of Subtle Energies and Energy Medicine.

Sincerely,

Judith Green *Christine Hibbard*

Judith Green, Ph.D.

Christine Hibbard, Ph.D.

Form A

Submission # _____

PROPOSAL INFORMATION PAGE

1a. Individual submitting proposal (to whom correspondence should be sent):

Name _____ Member ISSSEEM? Yes _____ No _____

Address _____

City, State, Zip _____

1b. If the individual who will attend the meeting to present the materials is different than 1a, please provide name, address, city, state, zip and telephone number on a separate sheet of paper.

1c. Provide, on a separate sheet of paper, names and addresses of every author or co-presenter. Also provide a short biographical sketch (narrative form) not to exceed 150 words) for every author or co-presenter.

2. Title of Presentation/Paper:

3a. This work is submitted as:

 Paper or Poster (answer 3b) Panel Symposium Short Course

Workshop submissions use Form B

3b. The format I prefer is: Oral paper PosterI will not accept: Oral paper Poster

4. The following audio-visual equipment will be required:

 35 mm (2 x 2) slide projector Overhead projector (this is not an opaque projector) Other (specify) _____

Please note that audio-visual materials may not be ordered on site. Equipment other than the 35 mm slide projector and overhead projector require special approval through the ISSSEEM Central Office.

5. When an oral paper or poster is accepted for presentation, ISSSEEM has permission to print the abstracts in the Program and Proceedings:

Please acknowledge permission: _____

6. ISSSEEM will tape record select sessions. ISSSEEM has permission to record the oral presentation of materials and make the tapes available to other attendees and members of ISSSEEM.

Please acknowledge permission: _____

Please reread instructions for your particular format and make certain that you are including all required items. Incomplete or late proposals will not be considered. Submission packets must be postmarked by January 10, 1992. Originals of abstracts must be submitted; copies are not acceptable for publication purposes. Mail all materials in a large envelope with a sheet of cardboard for protection. Please do not fold or staple material.

Mail packets to: C. Penny Hiernu, Executive Director, ISSSEEM, 356 Goldco Circle, Golden, CO 80401.

Bridging the Paradigms
Through Clinical Experience, Research and Theory



International Society for the Study of Subtle Energies and Energy Medicine

Second Annual Conference
June 26-30, 1992

Call for Annual Conference Submissions
Due January 10, 1992

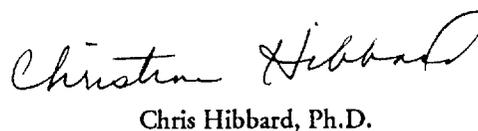
Submission Guidelines

The program for the annual conference will include invited speakers and symposia, panels, short courses, papers, posters and workshops selected from proposals submitted by the membership. Please consider the various formats described in the following pages and submit proposals following the guidelines. The information requested in this Call for Submissions is essential to the complex task of preparing and printing the program. Proposals will be reviewed by members of the program committee or by selected readers who have the expertise to evaluate the proposal.

Proposals must be submitted no later than January 10, 1992. Earlier submissions are encouraged. Proposals received after the deadline will not be accepted. This Call for Submissions, included in the Fall Newsletter rather than the Winter Newsletter, gives you additional time to prepare your proposal and also provides the Program Committee and expert readers enough time to carefully evaluate the proposals and to create a quality program.

We thank you for your proposals and for your continued support of the pioneering work of ISSSEEM.


Judith Green, Ph.D.


Chris Hibbard, Ph.D.

Co-Chairs, 1992 Program Committee

GENERAL INSTRUCTIONS FOR SUBMITTING ALL PROPOSALS

You may address your proposal specifically to the theme of the meeting or on any aspect of subtle energies and energy medicine. Abstracts/proposals must be submitted to the program committee by **January 10, 1992** for all presentation formats. Forms are included in subsequent pages. Submission of an abstract is a commitment to attend the meeting and present your material.

1. All submissions must include a completed Proposal Information Page (Form A) except Workshop submissions (use Form B).
2. No materials will be returned to authors/presenters.
3. Deadline for submission is January 10, 1992. All materials must be postmarked by this date. (See Submission Guidelines).
4. Mail submissions to: C. Penny Hiernu, Executive Director, International Society for the Study of Subtle Energies and Energy Medicine, 356 Goldco Circle, Golden, CO 80401. You may reach Penny at (303) 278-2228 for information on the program or the Society.

Form B

Workshop Information and Instru ISSSEEM Specialized Workshops (June 29

Please submit the following information for each workshop you are proposing, considered for inclusion. Materials must be postmarked by January 10, 1992.

1. Name, Mailing Address, City, State, Zip, Telephone Number and Social Security Number.
2. When two faculty members are presenting a full-day workshop, please provide the name of the second individual. There should be only one faculty member for the half-day workshop.
3. Title of Workshop.
4. Length of Workshop: _____ Half-day (June 29 only) _____ Full-day (June 30)
5. Please provide the following descriptions:
 - A. General description of the workshop. Please provide a 150 word description in the program prospectus. Attendees decision to enroll in specific workshops.
 - B. Statement of Goals. Example: To teach the use of meditation in a geriatric population.
 - C. Statement of Objectives. Example: (1) To describe the population, (2) to describe the setting, (3) to conduct a sample interview, (4) to demonstrate techniques used, and (5) to support use of meditation in this setting.
6. Summary description of presentations. Half-day workshops are presented in two sessions. Full-day workshops consist of four 1 1/2 hour sections. Please describe each "section" of 3 or 4 sentences detailing the information that each section will cover. This will be used as a reference material for the attendees.
7. Workshop Materials to be included in attendees packets. These materials must strongly encourage the use of original materials from the presenter. If material permission from the publisher must be sent to ISSSEEM by May 1, 1992. Materials will not be distributed to attendees.
8. Examination. Please prepare 6-10 questions to be answered by attendees to assess learning. An exam is required for those seeking CE/CME credits (ISSSEEM's application is performance oriented and directly related to your presentation goals).
9. Current C.V.
10. Past experience in teaching/presenting this topic. Where, when, to what audience?
11. Short biographical sketch (narrative form) not to exceed 150 words.
12. A-V requirements: Please note that audio-visual materials may not be ordered on site. 35 mm slide projector and overhead projector require special approval through the ISSSEEM.
_____ 35 mm (2 x 2) slide projector
_____ Overhead projector (this is not an opaque projector)

Workshop coordinators will be notified of acceptance or rejection of workshop(s) by Marc G. Hirschman. Agreement outlining financial arrangements will be forwarded with the workshop schedule.

Mail proposals to: C. Penny Hiernu, Executive Director, ISSSEEM, 356 Goldco Circle, G

I. ORAL PAPER PRESENTATION

The 1992 Conference will include opportunities for brief oral presentations of research or clinical work. Submit proposal information page, short abstract and long abstract:

- A. **Proposal information page.** (Form A). Two copies
- B. **Short Abstract.** Original and one photocopy in camera-ready form for publication in the program. Must be double spaced throughout, conforming to the margins, spacing and use of capitals given in the short abstract typing guide (Form C). Limited to a maximum of 200 words.
Short abstract format:
 1. **Title.** Make it as descriptive as possible. Use all capitals.
 2. **Authors.** Use capitals and lower case.
 3. **Institutional affiliation.** Use capitals and lower case.
 4. **Abstract.** Problem, subjects, method, results, and discussion.
 5. **Name and address of senior author.**
- C. **Long Abstract.** Original copy in camera-ready form which includes authors' names and affiliations, plus four photocopies. The 500-1000 word long abstract will be used by the program committee to judge the merits of proposed presentations. If accepted, this abstract will be printed in the proceedings. The abstract must be single spaced throughout, conforming to the long abstract typing guide (form D). Illustrations in the form of properly labeled line drawings in black ink on white paper or black and white photographs may be included. Illustrations may not be larger than the margins allowed for the text. Total submission may not exceed 4 pages. (Forms C and D included on inside of newsletter cover sheet).
Long Abstract format:
 1. **Title.** Make it as descriptive as possible. Use all capitals.
 2. **Authors and affiliations.** Use capitals and lower case.
 3. **Problem or major purpose of the presentation.**
 4. **Subjects.** Describe number, selection criteria.
 5. **Method.** Provide clear description.
 6. **Results.** Make a clear statement about the clinical and statistical significance of your findings. Report only data that have already been collected.
 7. **Discussion.** Summarize findings and interpret them in terms of the problem and the literature. It is not acceptable to say, "the results will be discussed."
 8. **Name and address of senior author.**

Some clinical, epidemiological, or naturalistic observations/studies will not fit the structure of the long abstract format. Authors using unusual methodologies may alter the outline to fit their requirements. In the case of theoretical papers, organize as follows: Introduction, hypothesis, discussion, and conclusion.

II. POSTER PRESENTATION

A poster presentation is a visual display format of a scientific paper. Poster presentations will be displayed on Friday, June 26, Saturday, June 27 and Sunday, June 28 from 1 to 6 p.m. Authors are expected to answer questions from 5 to 6 p.m. Each presenter will be provided a poster board 4 feet high by 6 feet wide for the display of materials. Please submit proposal information page, short abstract and long abstract. Follow instructions for Oral Papers.

III. SYMPOSIUM

A symposium is an in-depth examination of a particular topic which includes the presentation of prepared papers incorporating several views. Format includes a moderator, not more than 4 presenters and a discussant. Presentation time is 2 hours. Please submit proposal information page and a one page description of symposium (instructions follow).

- A. **Proposal Information Page.** (Form A). Two copies.
- B. **Symposium description.**
 1. **Title.** Make it as descriptive as possible.
 2. **Description.** Include a 50 word statement of the topic.
 3. **Moderator.** Name, affiliation.
 4. **Presenters 1, 2, 3, 4.** Names, affiliations
 5. **Description.** Must include a title and 50 word description of each individual's contribution.
 6. **Discussant.** Name, affiliation.

IV. PANEL

A panel is a less formal presentation format than a symposium. The focus may be on a topic or an issue. Panelists give short, individual presentations followed by commentary and discussion from all panelists. Format includes a panel chairman and not more than 3 participants. Please submit proposal information page and description of panel:

- A. **Proposal Information Page** (Form A). Two copies.
- B. **Panel description.**
 1. **Title.**
 2. **Description.** Include a 50 word statement of the topic.
 3. **Chairman.** Name, affiliation.
 4. **Presenters 1, 2, 3.** Names, affiliations.
 5. **Description.** Must include a title and 50 word description of each individual's contribution.

V. SHORT COURSE

A short course is a lecture/demonstration by a single presenter giving a focused presentation on a particular topic. Short courses are limited to one hour. Attendance is limited to 40 participants in order to provide an opportunity for demonstration/teaching of methods or techniques which lend themselves to a "workshop" format. Please submit proposal information page and a description of the short course:

- A. **Proposal information page** (Form A). Two copies
- B. **Short Course description.** Must include:
 1. Educational goal sought (what do you wish to present).
 2. 50 word description of presentation (to be included in program).
 3. Outline of presentation.

VI. WORKSHOPS

A selection of workshops will be offered immediately following the annual conference with half day workshops scheduled on Monday afternoon, June 29th. Full-day workshops will be offered on Tuesday, June 30th. Please read the enclosed workshop information page, which provides the necessary information to submit proposals for workshops. Proposals should include all information requested in Form D. Workshop proposals incorporating other formats will be considered on an individual basis.

Form A

Submission # _____

PROPOSAL INFORMATION PAGE

1a. Individual submitting proposal (to whom correspondence should be sent):

Name _____ Member ISSSEEM? Yes _____ No _____

Address _____

City, State, Zip _____

1b. If the individual who will attend the meeting to present the materials is different than 1a, please provide name, address, city, state, zip and telephone number on a separate sheet of paper.

1c. Provide, on a separate sheet of paper, names and addresses of every author or co-presenter. Also provide a short biographical sketch (narrative form) not to exceed 150 words) for every author or co-presenter.

2. Title of Presentation/Paper:

3a. This work is submitted as:

- Paper or Poster (answer 3b)
 - Symposium
 - Panel
 - Short Course
- Workshop submissions use Form B

3b. The format I prefer is: Oral paper Poster

I will not accept: Oral paper Poster

4. The following audio-visual equipment will be required:

- 35 mm (2 x 2) slide projector
- Overhead projector (this is not an opaque projector)
- Other (specify) _____

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5. When an oral paper or poster is accepted for presentation, ISSSEEM has permission to print the abstracts in the Program and Proceedings:

Please acknowledge permission: _____

6. ISSSEEM will tape record select sessions. ISSSEEM has permission to record the oral presentation of materials and make the tapes available to other attendees and members of ISSSEEM.

Please acknowledge permission: _____

Please reread instructions for your particular format and make certain that you are including all required items. Incomplete or late proposals will not be considered. Submission packets must be postmarked by January 10, 1992. Originals of abstracts must be submitted; copies are not acceptable for publication purposes. Mail all materials in a large envelope with a sheet of cardboard for protection. Please do not fold or staple material.

Mail packets to: C. Penny Hiernu, Executive Director, ISSSEEM, 356 Goldco Circle, Golden, CO 80401.

Form B

Submission # _____

Workshop Information and Instruction Page

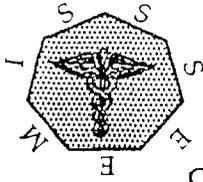
ISSSEEM Specialized Workshops (June 29 and 30, 1992)

Please submit the following information for each workshop you are proposing. Incomplete proposals will not be considered for inclusion. Materials must be postmarked by January 10, 1992.

1. Name, Mailing Address, City, State, Zip, Telephone Number and Social Security Number of workshop coordinator.
2. When two faculty members are presenting a full-day workshop, please provide all information requested in #1 for the second individual. There should be only one faculty member for the half-day workshops.
3. Title of Workshop.
4. Length of Workshop: _____ Half-day (June 29 only) _____ Full-day (June 30 only)
5. Please provide the following descriptions:
 - A. General description of the workshop. Please provide a 150 word description of the workshop to be included in the program prospectus. Attendees decision to enroll in specific workshops is based largely on this description.
 - B. Statement of Goals. Example: To teach the use of meditation in a geriatric population.
 - C. Statement of Objectives. Example: (1) To describe the population, (2) to describe types of meditation used, (3) to conduct a sample interview, (4) to demonstrate techniques used, and (5) to review the literature which supports use of meditation in this setting.
6. Summary description of presentations. Half-day workshops are presented in two 1 1/2 hour sections: Full-day workshops consist of four 1 1/2 hour sections. Please describe each "section" of the workshop providing a title and 3 or 4 sentences detailing the information that each section will cover. This will be published in the workshop materials for the attendees.
7. Workshop Materials to be included in attendees packets. These materials must be limited to 25 pages. We strongly encourage the use of original materials from the presenter. If material previously published is to be used, permission from the publisher must be sent to ISSSEEM by May 1, 1992. Materials received after June 1, 1992 will not be distributed to attendees.
8. Examination. Please prepare 6-10 questions to be answered by attendees to assess their learning. An assessment exam is required for those seeking CE/CME credits (ISSSEEM's application is pending). Questions should be content oriented and directly related to your presentation goals.
9. Current C.V.
10. Past experience in teaching/presenting this topic. Where, when, to what audience?
11. Short biographical sketch (narrative form) not to exceed 150 words.
12. A-V requirements: Please note that audio-visual materials may not be ordered on site. Equipment other than the 35 mm slide projector and overhead projector require special approval through the ISSSEEM Central Office.
 - _____ 35 mm (2 x 2) slide projector
 - _____ Overhead projector (this is not an opaque projector)

Workshop coordinators will be notified of acceptance or rejection of workshop(s) by March 15, 1992. A letter of agreement outlining financial arrangements will be forwarded with the workshop schedule by April 15, 1992.

Mail proposals to: C. Penny Hiernu, Executive Director, ISSSEEM, 356 Goldco Circle, Golden, CO 80401.



INTERNATIONAL SOCIETY FOR THE STUDY OF
SUBTLE ENERGIES AND ENERGY MEDICINE

C. PENNY HIERNU, EXECUTIVE DIRECTOR, 356 GOLDCO CIRCLE, GOLDEN, CO 80401 (303) 278-2228

Dear Colleague:

It is a pleasure to tell you of the International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM), an interdisciplinary society for the study of informational and energetic interactions—and invite you to become a member. The Society is concerned with the study of informational systems and energies that interact with the human psyche and physiology, either enhancing or perturbing healthy homeostasis. A quarterly newsletter is published, and a journal titled *Subtle Energies and Energy Medicine: An Interdisciplinary Journal of Energetic and Informational Interactions* is published 3 times a year.

The Society was informally organized in September, 1989 by clinical psychologist Carol Schneider, biomedical engineer T.M. Srinivasan, anthropologist Stephan Schwartz, and myself, a psychophysiology researcher. The journal of the Society was independently planned several months ago by Stephan Schwartz (editor) and others. Ms. C. Penny Hiernu, Golden, Colorado, a professional in the field of society development, management, and activities, is Executive Director.

This general information piece describes our goals and objectives in detail. With these plans in mind, the Society is, indeed, privileged to ask you to join in this enterprise. Thus far over 1,900 individuals have elected to join us in this exciting venture. We hope you will give us a favorable response and that you will choose to do so promptly. It is correct to say, I believe, that our voices may not be individually heard in the tumult of world affairs as we move into the next century, but *together* we will command attention!

Sincerely,

Elmer E. Green, Ph.D.
Director Emeritus, Voluntary Controls Program
The Menninger Clinic

ISSSEEM Board of Directors

Elmer E. Green, Ph.D., President
T. M. Srinivasan, Ph.D., President Elect
Stephan Schwartz, Vice President
Carol Schneider, Ph.D., Treasurer
C. Penny Hiernu, Secretary & Executive Director

ISSSEEM General Information

We are going through an interesting period in human history in which science and some of the transpersonal aspects of the human psyche seem to have a measure of common ground. The subtle energies that course through our bodies and psyches seem to be capable of being elicited by visualization methodology giving rise not only to unique states of consciousness, but also to measurable psychophysiological behavior, including autogenic, neuroimmune and neuroendocrine phenomena. But these are only parts of the picture. Other phenomena of physics, biochemistry, and psychology also seem to be associated with subtle energies and energy medicine.

1. **Energy medicine** includes all energetic and informational interactions resulting from self-regulation or brought about through other energy couplings to mind and body. In addition to various therapeutic energies which we may use, there are also energy pulses from the environment which influence humans and animals in a variety of ways. For instance, low level changes in magnetic, electric, electromagnetic, acoustic, and gravitational fields often have profound effects on both biology and psychology.

In addition to energies originating in the environment, it has been documented that humans are capable of generating and controlling subtle not-yet-measurable energies that seem to influence both physiologic and physical mechanisms.

2. Compared with "energy medicine," the concept of **subtle energy** is more difficult to discuss in a scientific paradigm. The traditional subtle energies referred to as chi (or ki), prana, etheric energy, fohat, orgone, odic force, mana, homeopathic resonance, etc., are said to move in the so-called etheric body (subtle body), and seem to be difficult to measure at present. A number of therapeutic methods prevalent today, however, appear to be concerned with facilitating the flow of these subtle energies through the dense physical body.

In addition, it is traditionally accepted that expansions of consciousness often are related to changes in subtle energies that cannot be quantified. These latter "energies," which are said to be associated with interactions and with transcendence, may not, in fact, actually be involved with known physical fields.

Understanding and facilitating the use of subtle energies, both for therapeutic purposes and for the study of human potential, will perhaps open up to consciousness new (albeit traditional) depths of the human mind. If this should indeed be the case, one task of the Society will be to find and bring together those who are capable of synthesizing the two major interests of humankind, Natural Science and the transpersonal aspects of the human psyche. In modern jargon, this might include, though not be limited to, full integration of left cortex and right cortex with deeper brain centers.

To state it succinctly:

The Society, will attempt to study and consider all concepts related to subtle energies and energy medicine. With such objectives, and with the availability of computer networking and its potential for bibliographic distribution, it now seems useful, for a number of reasons, to contact those who are interested in this field of research and clinical practice. Over a period of time, we can profit much: (1) by finding out who we are, (2) by constructing a research and clinical data base from bibliographic sources around the world, (3) by publishing a carefully referred journal, *Subtle Energies and Energy Medicine: An Interdisciplinary Journal of Informational and Energetic Interactions*, and (4) by encouraging the exchange of information through conferences, seminars, and workshops.

If you find this proposal of interest, a membership application is attached. Modest membership contributions will: (1) support a central office in Golden, Colorado, establish a computerized membership listing and provide central office networking; (2) bring you the *Newsletter of Subtle Energies and Energy Medicine* four times a year, a forum for the exchange of important information and ideas in the field; and, (3) bring announcements about the Journal (see information). included on back panel). Subscriptions to the Journal are now available.

Please address inquiries to the Society's Central Office at (303) 278-2228 or write:

C. Penny Hiernu, Executive Director
ISSSEEM
356 Goldco Circle
Golden, CO 80401

International Society for the Study of Subtle Energies and Energy Medicine Membership Dues Statement

Please *complete and return* this dues statement with your application. Mail check for services selected to:
C. Penny Hiernu, Executive Director, ISSSEEM, 356 Goldco Circle, Golden, CO 80401 USA. (303) 278-2228.
Please submit all funds in U.S. Dollars.

1991 Membership Fees:

Category 1 - All Options. Includes quarterly newsletters, subscription to 3 issues of Journal (1991, Volume 2) *Subtle Energies and Energy Medicine: An Interdisciplinary Journal of Informational and Energetic Interactions*, and all general society mailings.
(International members add \$7.00 for airmail postage fees)

Professional Members	_____	\$70.00
Associate Members	_____	\$55.00
Student Members (include copy of current student I.D.)	_____	\$50.00
Institutional Members	_____	\$150.00

Category 2 - Basic Options. Includes quarterly newsletters, and all general Society mailings. (International members add \$7.00 for airmail postage fees)

Professional Members	_____	\$40.00
Associate Members	_____	\$25.00
Student Members (include copy of current student I.D.)	_____	\$20.00

Individual Services and Fees

<i>Subtle Energies and Energy Medicine: An Interdisciplinary Journal of Energetic and Informational Interactions</i>		
1990 Journal Subscription (<i>Subtle Energies</i> — Volume 1, 2 Issues)	_____	\$20.00
1991 Journal Subscription (<i>Subtle Energies</i> — Volume 2, 3 Issues)	_____	\$40.00
Membership Directory	_____	\$15.00
1991 Annual Conference Proceedings	_____	\$10.00

Total Fees Enclosed \$ _____

Check # _____ Check Date _____

(check or money order in U.S. Funds, payable to ISSSEEM, please)

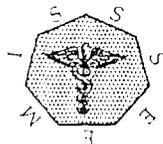
Subtle Energies: An Interdisciplinary Journal of Energetic and Informational Interactions

Subtle Energies is designed to meet the needs of those experimentalists and clinicians who pursue their interest in consciousness, and the dynamics and limits of human potential, by employing rigorous and ethical scientific methodologies, and clinical procedures. It is explicitly inter-disciplinary to allow those with a deep understanding of one discipline to compare its insights with those attained by others working along different paths.

The Journal fills a gap; the lack of a single high standards publication providing an interdisciplinary forum for exploration in these areas. As matters presently stand, anyone interested in energy medicine or subtle energy experimentation, must survey at least half-a-dozen journals, in several disciplines, as well as several interdisciplinary journals, to gain a truly meaningful insight into the field.

Each issue contains articles focused on both experimental research and clinical practice. Hopefully, another dimension of synthesis will occur when the clinical and experimental communities, who often have little contact with one another, share reports of significant developments, and the exchange about them which follows. There will be a letters section (for less formal exchange), and sections of book reviews, reports and correspondence. Attention is being paid to the journal's design and appearance.

Subscription information and fees are outlined on reverse side of page.



ISSSEEM

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Golden, CO 80401
(303) 278-2228

BULK RATE
U.S. POSTAGE
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TO:

Reping Zha
Dept. of Physics
University of Pittsburg
Pittsburg, PA 15260

ISSSEEM Second Annual Conference & Workshops June 26-30, 1992 - Boulder, CO

Subtle Energies • Volume I No. 1

The Effect of Non-contact Therapeutic Touch on the Healing Rate of Full Thickness Dermal Wounds

• Daniel P. Wirth, M.S., J.D.

The effect of Noncontact Therapeutic Touch (NCTT) on the rate of surgical wound healing was examined in a double-blind study. Full-thickness dermal wounds were incised on the lateral deltoid region using a skin punch biopsy instrument, on healthy subjects randomly assigned to treatment or control groups. Subjects were blinded both to group assignment and to the true nature of the active treatment modality in order to control placebo and expectation effects. Incisions were dressed with gas-permeable dressings, and wound surface areas were measured on Days 0, 8, and 16 using a direct tracing method and digitization system. Active and control treatments were comprised of daily sessions of five minutes of exposure to a hidden Therapeutic Touch practitioner or to sham exposure.

Results showed that treated subjects experienced a significant acceleration in the rate of wound healing as compared to non-treated subjects at day 8 (Mann-Whitney U; $z = 5.675$; $N = 44$; $p < .001$; 2 tailed), and at day 16 ($X = 16.847$, $df = 1$; $p < .001$). Statistical comparisons are dominated by the complete healing of 13 of 23 treated subjects vs. 0 of 21 control subjects by day 16. Placebo effects and the possible influences of suggestion and expectation of healing were eliminated by isolating the subjects from the Therapeutic Touch practitioner, by blinding them to the nature of the therapy during the study, and by the use of an independent experimenter who was blinded to the nature of the therapy. The findings of this study demonstrate, at least, the potential for NCTT in the healing of full-thickness human dermal wounds.

Human Volitional Effects on a Model Bacterial System • Elizabeth A. Rauscher, Ph.D.

This paper presents experimental designs and results of three major studies in which a well-known healer's intention to produce a healing effect was correlated with increased growth and motility in a well-characterized bacterial system. Use of a model bacterial system made it possible to design a prototype experiment correlating intention with growth and motility effects in a remote shielded sterile system. Optimally growing bacterial cultures were prepared, and different amounts and types of chemical antibacterial agents were added to cultures in separate test tubes. Multiple samples of such preparations were made and separated into two groups, one to be treated by the healer and the other to serve as untreated controls. Statistical comparisons were made between (1) healer-treated samples, (2) controls, and (3) extensive baseline data. Antibiotic dose response studies were also conducted using different types and amounts of inhibitors. Highly significant and reproducible effects of healer-treated samples over controls were found. As anticipated, differential dose response effects were found in which the healer's effects were more pronounced for lower concentrations of agents.

Infrared Spectra Alteration in Water Proximate to the Palms of Therapeutic Practitioners

• Stephan A. Schwarz, Randall J. De Mattei, Edward G. Brame, Jr., Ph.D. & S. James P. Spottiswoode, M.Sc.

Through standard techniques of infrared spectrophotometry, sterile water samples in randomly selected sealed vials evidence alteration of infrared (IR) spectra after being proximate to the palms of the hands of both Practicing and Non-practicing Therapy Practitioners, each of whom employed a personal variation of the Laying-on-of-Hands/Therapeutic Touch processes. This pilot study presents 14 cases, involving 14 Practitioners and 14 recipients. The first hypothesis, that a variation in the spectra of all (84) Treated spectra compared with all (57) control spectra would be observed in the 1.5-3.0 micrometer range, was confirmed ($p = 0.02$). Ten per cent (15) of the spectra were done using a germanium Internal Reflection Element (IRE). Ninety per cent of the spectra (126) were done with a zinc selenide IRE, and the difference in refractive index between the two IREs skews the data. The zinc selenide IRE spectra lone yield $p = .055$. The authors believe the most representative evidence for the effect appeared in the sample group of Treated vs. Calibration Controls using the zinc selenide IRE ($p = 0.0004$). The second hypothesis, that there existed a direct relationship between intensity of effect and time of exposure was not confirmed. This study replicates earlier findings under conditions of blindness, randomness, and several levels of controls. Environmental factors are considered as explanations or the observed IR spectrum alteration, including temperature, barometric pressure, and variations dependent on sampling order. They do not appear to explain the effect.

Psychophysiological Self-Regulation and Human Potential • Elmer Green, Ph.D.

Seven converging lines of thought are synthesized in support of the perennial theory of spirit-mind-body unity and control, namely 1) ethology, 2) Freudian psychodynamics, 3) perception, 4) psychoneuroanatomy, 5) autogenic training, 6) yogic subtle-energy theory, and 7) Jungian psychology. Biofeedback training and visualization therapy are seen as simple and natural ways of becoming conscious of, and modulating, normally unconscious body/mind processes.

Geomagnetic Activity and Anomalous Cognition: A Preliminary Report of New Evidence • S.J.P. Spottiswoode

Analyses of anecdotal reports of putative telepathic experiences have shown that these tend to be reported on days of relatively low geomagnetic activity. Studies of laboratory psi experiments have yielded weak confirmation of this effect. The existence of a negative correlation between scores in free response anomalous cognition experiments and geomagnetic fluctuations was confirmed in four data sets (combined $p = 3 \times 10^{-6}$) which showed significant anomalous cognition. The negative correlation was absent from two other data sets showing no evidence of anomalous cognition. Additionally, analysis of an unusually large database of anomalous cognition trials ($n = 336$), covering a range of approximately ± 130 hours between perception and target observation, suggests that the negative correlation between scores and geomagnetic fluctuations occurs only for trials in which this interval is less than ± 2 hours, and is absent for precognitive or retrocognitive perception outside this time range. These results may facilitate the elucidation of the physical mechanism of anomalous cognition.

Subtle Energies • Volume I No. 2

Physiological and Therapeutic Aspects of Shamanistic Healing • Michael Winkelman, Ph.D.

This paper addresses the psychophysiological and therapeutic bases of some universal aspects of shamanistic healing practices. Shamanistic healing is universal because of the interrelated physiological, experiential and therapeutic bases in the use of altered states of consciousness (ASC). Case studies of cross-cultural therapeutic use of ASC illustrate cultural effectiveness. The scientific bases of therapeutic effectiveness are addressed through an examination of the psychophysiology of ASC. Clinical and physiological evidence for the therapeutic effectiveness of ASC in general and hallucinogens in particular is reviewed. Possession and the temporal lobe syndrome are briefly examined in the context of the psychophysiology of ASC.

Dyadic Repair: A Clinical Approach to Autistic Recovery and Prodigy Retrieval • Rima Laibow, M.D.

Clinical evidence with the group of autistic and autistic-like children treated through Dyadic Repair in this country and in Europe suggests strongly that many, perhaps most, autistic persons are prodigies. It appears that autists are persons gifted with prodigiously high intellectual and empathetic endowments who, early in their developmental lives, learn to use an overwhelming, pervasive withdrawal and rejection of the environment. Because of a combination of intrinsic and extrinsic factors (coincidence), these children remain in a position of extreme withdrawal and retreat with deficits which potentiate (and are potentiated by) pervasive and sadistic rage in the face of failed attachment. Appearing unreachable and out of contact with the environment they are, in fact, intensely connected to it. Regardless of the pervasive and discouraging appearance of the neurological, metabolic and physical damage which may be present, the apparently untreatable state of the autist must not be taken as conclusive proof of the unassailable nature of these disabilities. Rather, they may be potentially remediable deficits.

Geomagnetic Activity and Violent Behavior • Adam J. Becker, M.A., M.P.A.

This paper reports on a statistical study of hypothesized relationships between three indices of geomagnetic field activity and the incidence of violent crime on a nationwide basis, focusing on monthly variation over the entirety of an 11-year solar cycle, and yearly variation over a 30 year period encompassing the past three solar cycles (cycles 19, 20 and 21). Contrary to expectations, sunspot numbers - which have only a tenuous relationship with geomagnetic activity - were found to be significant at the yearly level, while none of the more direct indices of geomagnetic activity exhibited any correlation. The possibility of a non-magnetic solar effect on human behavior is therefore raised.

The Machine Brain and Properties of the Mind • Robert O. Becker, M.D.

It is the author's contention that modern neurophysiology is based upon the operations of less than half of the brain and that the anatomical and functional existence of more than half of the cells constituting the nervous system are ignored. The author argues that the neurone doctrine, which holds that all functions of the nervous system are the result of operations of the neurons alone, is incomplete, and that a more basic and primitive information transfer system resides in these neglected cells. Theoretical considerations, prior electrophysiological evidences which were ignored, modern aspects of electrophysiology and evidence derived from the new science of bioelectromagnetics will be presented to support the theory of a "dual nervous system." This theory re-introduces some of the ancient ideas of mind functions into present day consideration of the possible operations of the mind/brain system.

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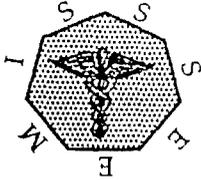
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